

<b>S.D PUBLIC SCHOOL, PITAMPURA, NEW DELHI</b>			
<b>ACADEMIC PLANNER SESSION 2023-24</b>			
		<b>CLASS- I</b>	
		<b>SUBJECT- PEACE</b>	
<b>MONTH</b>	<b>TOPIC</b>	<b>VALUE</b>	<b>ACTIVITY/PEDAGOGY</b>
<b>APRIL</b>	<b>L-1 MEDITATION</b>	<b>BENEFITS OF MEDITATION</b>	<b>HOW TO MEDITATE</b>
<b>MAY</b>	<b>L-2- INTROSPECTION</b>	<b>SELF OBSERVATION</b>	<b>IDENTIFYING NON -VIOLENT BEHAVIOUR</b>
<b>JULY</b>	<b>L-3- NON- VIOLENCE</b>	<b>PRACTICE NON-VIOLENCE</b>	<b>CROSSWORD</b>
<b>AUGUST</b>	<b>L-4- TRUTHFULNESS L-5- HUMILITY</b>	<b>BEING TRUE TO YOURSELF BEING HUMBLE</b>	<b>CHARTING WAYS TO OFFER KINDNESS</b>
<b>SEPTEMBER (1-15) (11 days)</b>	<b>REVISION OF HALF YEARLY EXAM</b>		<b>FIVE DIFFERENT WAYS TO DO SELFLESS SERVICE</b>
<b>SEPTEMBER (16-30) (12 days)</b>	<b>HALF YEARLY EXAM</b>		
<b>OCTOBER</b>	<b>L-6- LOVE FOR ALL AND LOVE FOR GOD</b>	<b>WORKING TOGETHER IN HARMONY</b>	<b>WRITE STEPS TO REACH YOUR GOAL</b>
<b>NOVEMBER</b>	<b>L-7- SELFLESS SERVICE L-8 PLANT-BASED DIET</b>	<b>BEING HELPFUL HEALTHY FOOD HEALTHY LIVING</b>	<b>INTROSPECTION JOURNAL</b>

<b>DECEMBER</b>	<b>L-9- PERSONAL GOAL SETTING L-10- KEY PRINCIPLES OF SPIRITUALITY</b>	<b>SETTING AND TRACKING GOALS EFFORT AND GRACE, PATIENCE AND PERSEVERANCE</b>	<b>POEM – GOD’S CREATION</b>
<b>JANUARY (15-31) (13 days)</b>	<b>L-11- ROLE OF A SPIRITUAL MASTER L-12- LIVING A SPIRITUAL LIFE IN THE MODERN WORLD</b>	<b>CONNECTING WITH THE SPIRITUAL MASTER STICKING TO SPIRITUAL PRINCIPLES IN DAILY LIFE SITUATIONS</b>	<b>LISTING IDEAS TO DO BEST FOR YOUR MIND BODY AND SOUL</b>
<b>FEBRUARY (1-15) (12 days)</b>	<b>L-13- CONFLICT RESOLUTION</b>	<b>PEACE LIGHTS THE WAY</b>	<b>WRITE THREE POSITIVE SENTENCES CAN BE USED ON THE PLAYGROUND</b>